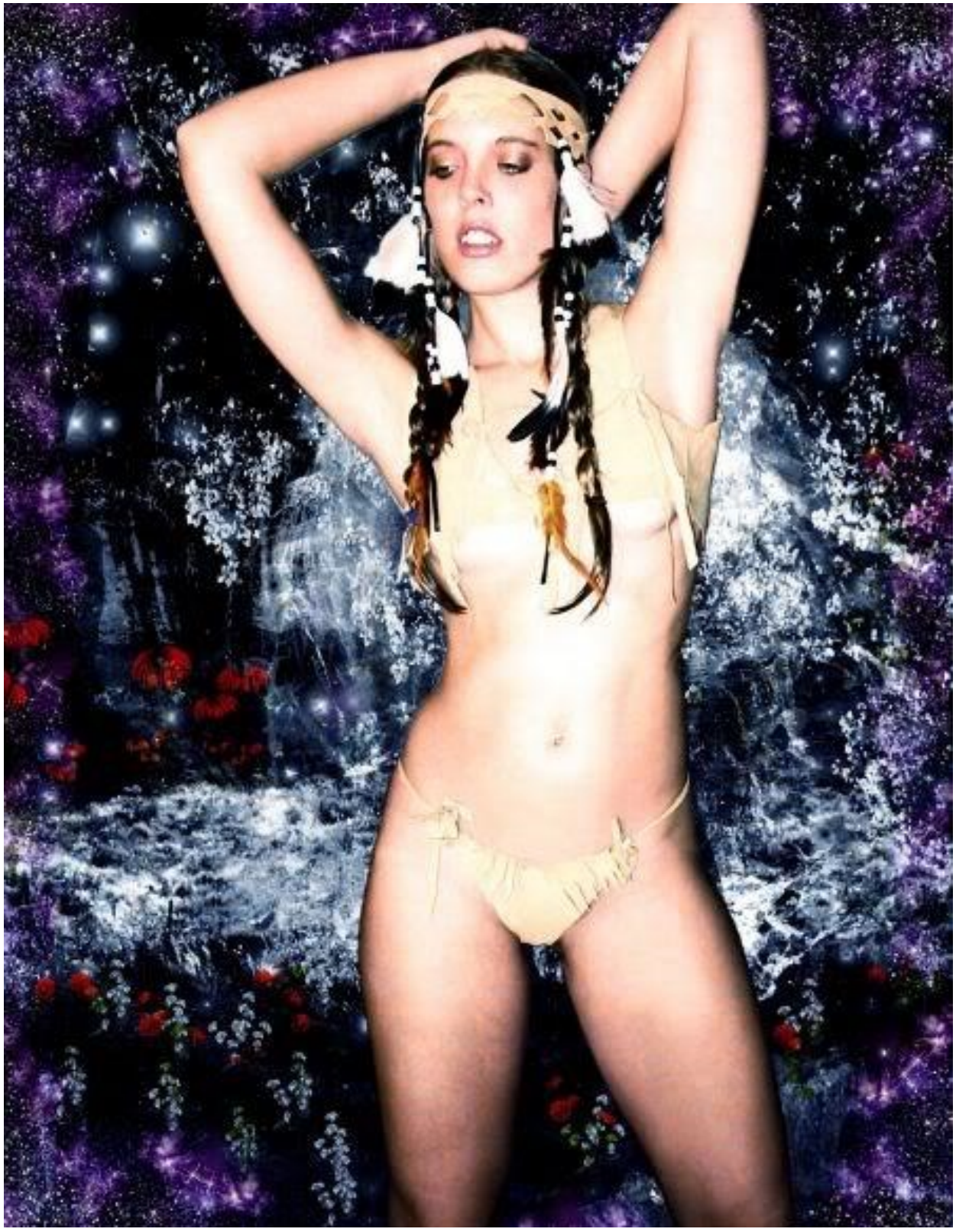F 18